

## ΚΩΝΣΤΑΝΤΙΝΟΣ ΑΡΓΥΡΗΣ

BSc MSc MBBS DOHNS MRCS FRCS (ORL-HNS)

Χειρουργός Ωτορινολαρυγγολόγος, Θυρεοειδούς και  
Πλαστικής Προσώπου

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## ΠΡΟΣΩΠΙΚΑ ΣΤΟΙΧΕΙΑ

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## ΤΙΤΛΟΙ ΣΠΟΥΔΩΝ

Certificate of CCT(Τίτλος ειδικότητας)	Οκτ 2017	JCST
FRCS Part 2	Απρ 2017	Passed
FRCS Part 1	Ιουλ 2016	Passed
USMLE Step 1	Σεπ 2015	Passed
MRCS (ENT)	Οκτ 2010	Royal College of Surgeons of Glasgow
DOHNS OSCE	Οκτ 2010	Royal College of Surgeons of Glasgow
MBBS	Ιουλ 2007	Barts and The London
MSc Biochemical Research	Οκτ 2002	Imperial College London
BSc Biochemistry/Microbiology	Ιουν 2001	King's College London

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## ΜΕΛΟΣ ΕΠΙΣΤΗΜΟΝΙΚΩΝ ΕΤΑΙΡΙΩΝ

**ENT UK** (British association of otolaryngologists & head and neck surgeons)  
**FPS UK** (Facial Plastic Surgery UK and RCS London)  
**ERS** (European Rhinological Society)  
**BRS** (British Rhinological Society)  
**EAFPS** (European Academy of Facial Plastic Surgery)

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## ΠΑΡΟΥΣΑ ΑΠΑΣΧΟΛΗΣΗ

**Επιστημονικός συνεργατής HealthSpot**  
(Γλυφάδα, Αθήνα)

Οκτ 2023 - παρόν

**Επιστημονικός συνεργατής ΙΑΣΩ**  
(Μαρούσι, Αθήνα)

Οκτ 2023 - παρόν

**Ιδιωτικό ιατρείο**  
(Ζακυνθος, Ιονιοι νησοι, Ελλαδα)

Ιουν 2020 – παρον

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## ΕΠΑΓΓΕΛΜΑΤΙΚΗ ΠΡΟΥΠΗΡΕΣΙΑ

<b>Locum ENT Consultant in Otolaryngology and Thyroid Lead</b> (Countess of Chester Hospital NHS Trust, Chester)	Ιαν 2019 – Οκτ 2019
<b>Locum ENT Consultant in Otolaryngology and facial plastics</b> (Lewisham Hospital NHS Trust, London)	Σεπ 2018 – Νοεμ 2018
<b>Locum ENT Consultant in Otolaryngology</b> (Medway Hospital NHS Trust, Kent)	Νοεμ 2017 – Αυγ 2018
<b>Facial plastics fellowship</b> (Lewisham and Greenwich NHS Trust, London)	Οκτ 2017 – Σεπ 2018
<b>Specialist Registrar</b> in Rhinology/Otology (William Harvey Hospital, Kent)	Οκτ 2016 – Οκτ 2017
<b>Specialist Registrar</b> in Otology/General (Brighton & Sussex, Brighton)	Οκτ 2015 – Οκτ 2016
<b>Specialist Registrar</b> in Rhinology/Head & Neck (Brighton & Sussex, Brighton)	Οκτ 2014 – Οκτ 2015
<b>Specialist Registrar</b> in Paediatric ENT (Great Ormond Street Hospital, London)	Απρ 2014 – Οκτ 2014
<b>Specialist Registrar</b> in Otology (Cochlear implants) (Guy's and St Thomas NHS Trust, London)	Οκτ 2013 – Απρ 2014
<b>Specialist Registrar</b> in General Otolaryngology (Tunbridge Wells Hospital, Kent)	Οκτ 2012 – Οκτ 2013
<b>Specialist Registrar</b> in Rhinology/General (William Harvey Hospital, Kent)	Απρ 2012 – Οκτ 2012
<b>Specialist Registrar</b> in Otology (William Harvey Hospital, Kent)	Οκτ 2011 – Απρ 2012
<b>Senior House Officer</b> in Otolaryngology (CT2) (Eastern Deanery, Broomfield Hospital)	Αυγ 2010 – Αυγ 2011
<b>Senior House Officer</b> in ITU and Otolaryngology (CT1) (Eastern Deanery, Luton & Dunstable Hospital)	Αυγ 2009 – Αυγ 2010
<b>Senior House Officer</b> in A&E, Medicine, ENT (FY2) (Royal Free Hospital, London)	Απρ 2008 - Αυγ 2009
<b>House Officer Medicine</b> in Surgery, Medicine, ENT (FY1) (Basildon Hospital, Basildon)	Αυγ 2007 – Ιουλ 2008

### **Are antibiotics needed in Septorhinoplasty? An Evidence-Based Approach**

Mantelakis A, **Argiris K**, Joshi A and D'Souza A. *Facial Plast Surg*; Dec 2022  
PMID: 35931072

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### **Now you see the drum, now you don't: a rare case of conductive hearing loss in a child**

Seymour N, Tranter T, **Argiris K** and Saunders N  
*International Journal of Speech and Language Pathology and Audiology*; 2017, 5, 1-4

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### **How we do it: the absorbable gelatin sponge cube, an effective and economical approach to packing in ear surgery**

Fang S, **Argiris K**, Padgham ND. *J. Laryngol Otol*; May 2014 1:1-3  
PMID: 4785117

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### **Severe Hypo-osmotic Hyponatraemia Due to Chylous Leak Following Radical Neck Dissection**

Andreou Z, Trinitade A, Shakeel M, **Argiris K**, Panesar J and Kothari P. *Journal of the College of Physicians and Surgeons Pakistan* 2013, Vol. 23 (2): 221-223

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### **Qualitative comparison of curricula in Oral & Maxillofacial Surgery Training part 1: Dental Foundation Training**

Varley IS, **Argiris K**, Walker TWM, Magennis P. *Br J Oral Maxillofac Surg*; Aug 2011  
PMID: 21880404

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### **Qualitative comparison of curricula in Oral & Maxillofacial Surgery Training part 2: Oral Surgery**

Walker TWM, Varley IS, **Argiris K**, Magennis P. *Br J Oral Maxillofac Surg* ; Sep 2011  
PMID: 21903306

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### **Naturally occurring, tumour specific therapeutic agents**

**Argiris K**, Panethymitaki C, Tavassoli M. *Experimental Biology and Medicine*; May 2011, 236(5) 524-36  
PMID: 21521711

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### **Audit of Tongue-tie division in neonates with breastfeeding difficulties: how we do it.**

**Argiris K**, Vasani S, Wong G, Stimpson P, Caulfield H. *Clinical Otolaryngology*; June 2011; 36(3) 250-60  
PMID: 21752209

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### **Lipoma at right ventricular outflow tract in a 57-year-old patient with atrial fibrillation: a case report.**

**Argiris K**, Gedela S, Tat K. *The Internet Journal of Pathology*. 2010; 11(1):

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### **Acoustic Neuroma.**

Komodikis G, **Argiris K**, Komodikis C, Kiamidis I, Manolidis S. *Otolaryngology – Head & Neck Surgery*. 2007; 28:38-48.

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## Abstracts

### **Time heals – the therapeutic effect of an acoustic neuroma intra-tumour haemorrhage**

Crossley E, **Argiris K**, Hardwidge C  
Abstract published as the 152<sup>nd</sup> Semon Club Proceedings in the *Journal of Laryngology & Otology*

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**Now you see the drum, now you don't: a rare case of conductive hearing loss in a child**

Seymour N, Tranter R, **Argiris K**, Saunders N

Abstract published as the 151<sup>st</sup> Semon Club Proceedings in the Journal of Laryngology & Otology

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**Financial implications of having a tongue-tie service**

**Argiris K**, Bestman BE, Padgham ND. *Clinical Otolaryngology*; June 2012; 37 (S1): S25

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**Curriculum mapping of Medical and Dental Foundation Training – A route to reducing length of training in Oral & Maxillofacial Surgery (OMFS)**

Varley I, **Argiris K**, Walker TWM, Magennis P. *Br J Oral Maxillofac Surg*. 2010;48(S1):S39-40

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**Oral Surgery to Oral & Maxillofacial Surgery: Curriculum Mapping.**

Walker TWM, Varley I, **Argiris K**, Magennis P. *Br J Oral Maxillofac Surg*. 2010;48(S1):S46-7

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**Hearing screening of NICU population in Cyprus: a comparison study.**

Aspris A, Ioannou M, Kallimahou M, Komodikis G, **Argiris K**, Kyamides I. *Eur Arch Otorhinolaryngol*. 2009; 266: 1124-1125

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**Letters**

**Re: Improvement in quality of life by adenotonsillectomy in children with adenotonsillar disease.**

**Argiris K**. *Clinical Otolaryngology*. June 2011. 36(3) 280  
PMID: 21752214

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**Re: Evaluation of cost effectiveness for conservative and active management strategies for acoustic neuroma.**

**Argiris K** and Andreou Z. *Clinical Otolaryngology*. Feb 2010. 35(1): 69-70  
PMID: 20447172

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**Books**

**Atlas of Facial Plastic Surgery**

Alwyn D'Souza, Ali Alsheri, Anil Joshi, Konstantinos Argiris  
In preparation

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**A companion to DOHNS and MRCS (ENT) OSCE guide**

Ricardo Persaud, **Konstantinos Argiris**, Adam Gaunt  
Fast print publishing (Peterborough England), 1<sup>st</sup> Edition (2014)  
ISBN: 978-178456-153-6

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**Otolaryngology ST3 Interview Guide for National Selection**

Ricardo Persaud, Amir Farboud, **Konstantinos Argiris**, Tahwinder Upile  
Fast print publishing (Peterborough England), 1<sup>st</sup> Edition (2013)  
ISBN: 978-178035-550-4

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**DOHNS and MRCS (ENT) OSCE guide – Revision notes for Otolaryngology**

Ricardo Persaud, Wai Sum Cho, Antonia Tse, **Konstantinos Argiris**, Henry Pau  
Fast Print publishing (Peterborough, England), 1<sup>st</sup> Edition (2013)  
ISBN:978-178035-657-0

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## ΚΡΙΤΗΣ (PEER REVIEWER) ΣΕ ΔΙΕΘΝΗ ΠΕΡΙΟΔΙΚΑ

Έχω υπάρξει κριτής για το περιοδικό “**Journal of Human Lactation**”, το οποίο δημοσιεύεται από την SAGE. Έχω επίσης υπάρξει συγγραφέας του επίσημου newsletter του European Academy of Facial Plastic Surgery

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## ΕΡΓΑΣΙΕΣ ΚΑΙ ΑΝΑΚΟΙΝΩΣΕΙΣ

### Προφορικές ανακοινώσεις

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#### **Reconstruction of facial defects – past, present and future trends with DCELL tissue dermis**

Argiris K

Invited speaker at NHSBT annual event, Liverpool, Feb 2018

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#### **Epiphora and a multidisciplinary approach to its management; our first 100 Dacryocystorhinostomy cases in Canterbury**

Argiris K, Sharp H

4<sup>th</sup> Congress of European ORL-HNS, Barcelona, Oct 2017

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#### **Impatience in outpatient clinics! – improving the efficiency of ENT rhinology clinics**

Crossley E, Argiris K

European Rhinological Society, July 2016

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#### **Time heals – the therapeutic effect of an acoustic neuroma intratumour haemorrhage**

Crossley E, Argiris K, and Hardwidge C

East of England Otolaryngology meeting, May 2016

152<sup>nd</sup> Semon club, Nov 2016

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#### **A breath of fresh air? The NewBreez prosthesis; our experience**

Argiris K, Cunnane M, Moore A and Pelsler A

Brighton ENT academic meeting, May 2016

SouthWest Academic Meeting, June 2016

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#### **Now you see the drum, now you don't! Temporal bone fibrous dysplasia – a rare case of rapid conductive hearing loss in a child**

Seymour N, Argiris K, Saunders N and Tranter B

Brighton ENT academic meeting, May 2016

151<sup>st</sup> Semon club, May 2016

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#### **Subtotal resections of acoustic neuromas; do they actually work? Our experience**

Hardwidge C, Husham G, Argiris K, Saunders N

European Skull base Society Congress, Berlin, May 2016

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#### **Anatomic study of the external branch of the superior laryngeal nerve. Anatomic findings and its implications in thyroid surgery.**

Kochilas X, Argiris K, Bibas T

35<sup>th</sup> British Association of Endocrine and Thyroid Surgeons (BAETS) Annual Scientific Meeting, October 2015

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#### **Multi-centre audit of epistaxis management. Is there a case for a national review of practice?**

Hall A, Taberes N, Argiris K, Ifeacho S, Aitkin H, Chatrath C, Hopkins C

British Rhinological Society, 2012

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#### **Mechanical Endonasal Powered Dacryocystorhinostomy for epiphora – initial audit of success within a multidisciplinary lacrimal service**

**Argiris K**, Sharp HR, Devereux J  
5<sup>th</sup> World Congress for endoscopic surgery of the brain, skull base and spine, Vienna,  
Mar 2012

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**Target independent tumour specific therapeutic agents: the future of head and neck oncology therapeutics?**

**Argiris K**, Panethymitaki C, Tavassoli M.  
1<sup>st</sup> Congress of CE-ORL-HNS, Barcelona, July 2011

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**Head and neck cancer surgery outcomes and causes of death: a 9 year follow-up**

**Argiris K**, Komodikis G, Dilkes M.  
1<sup>st</sup> Congress of CE-ORL-HNS, Barcelona, July 2011

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***Sternotrophomonas moltophilia* causing retropharyngeal abscess**

**Argiris K**, Crockett A, Andreou Z, Trinidad A.  
International Federation of Head and Neck Oncological Societies, Frankfurt, October  
2010

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**Hyponatraemia secondary to a chylous leak; a rare neck dissection complication**

Andreou Z, **Argiris K**, Crockett A, Trinidad A.  
International Federation of Head and Neck Oncological Societies, Frankfurt, October  
2010

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**Non Arteritic Ischaemic Optic Neuritis secondary to massive blood loss and hypotension; rare complication of internal jugular vein tear secondary to neck dissection**

Crockett A, Andreou Z, **Argiris A**, Trinidad A.  
International Federation of Head and Neck Oncological Societies, Frankfurt, October  
2010

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**Tongue-tie division in neonates with breastfeeding difficulties.**

**Argiris K**, Vasani S, Wong G, Stimpson P, Caulfield H.  
British Association for Paediatric Otorhinolaryngology, Manchester, September 2009

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**Hearing screening of NICU population in Cyprus: a comparison study**

Aspris A, Ioannou M, Kallimahou M, Komodikis G, **Argiris K**, Kyamides I.  
European Academy of ORL-HNS, Manheim, June 2009

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**ENT operative theatre times, between estimation and reality**

Awad Z, Aggarwal N, **Argiris K**, Thambyrajah J, Dunn CJ.  
Southwest ENT Academic meeting, Bath, July 2008

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**Prostate cancer, review of NICE guidelines**

**Argiris K**  
Care of Elderly meeting, Basildon Hospital, May 2008

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**Epiglottitis**

**Argiris K**  
Basildon Hospital, Regional ENT teaching meeting, June 2008

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**Πόστερ**

**Composite grafts and the nose. A review of the literature**

**Argiris K**, D'Souza A  
Submitted to EAFPS annual Congress, Regensburg, September 2018

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**Complications in rhinoplasty and how to manage them. A literature review**

**Argiris K**, D'Souza A  
Submitted to EAFPS annual Congress, Regensburg, September 2018

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**To splint or not to splint a rhinoplasty patient? An opinion and literature review**

**Argiris K, D'Souza A**

Submitted to EAFPS annual Congress, Regensburg, September 2018

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**The rhinoplasty analysis – a regional based approach**

**Argiris K, D'Souza A**

Submitted to EAFPS annual Congress, Regensburg, September 2018

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**Topical nasal steroids. How much (quantity) and how much (price)? A review of commonly used products**

**Argiris K**

EndoBarcelona, 8<sup>th</sup> World Congress for Endoscopic Surgery of the Paranasal Sinuses, Skull Base, Brain and Spine, Barcelona, July 2018

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**Botox and the nose. Should we be using this exotoxin in challenging cases? A summary of the literature and our thoughts.**

**Argiris K**

EndoBarcelona, 8<sup>th</sup> World Congress for Endoscopic Surgery of the Paranasal Sinuses, Skull Base, Brain and Spine, Barcelona, July 2018

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**A 'bloody' maxillary mass – Masson's haemangioma. A case report and literature review**

**Argiris K**

EndoBarcelona, 8<sup>th</sup> World Congress for Endoscopic Surgery of the Paranasal Sinuses, Skull Base, Brain and Spine, Barcelona, July 2018

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**A rare facial lesion – follicular carcinoma. What does the literature say?**

**Argiris K, Fu B**

4<sup>th</sup> Congress of European ORL-HNS, Barcelona, Oct 2017

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**A rare 'salivating' intra-nasal mass; pleomorphic adenoma: a case study and literature review**

**Argiris K, Sharp H**

4<sup>th</sup> Congress of European ORL-HNS, Barcelona, Oct 2017

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**Patient-Reported Outcome Measures in Rhinology. Why? Which? What?; a literature review and our experience**

**Argiris K, Sharp H**

4<sup>th</sup> Congress of European ORL-HNS, Barcelona, Oct 2017

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**Epiphora and a multidisciplinary approach to its management; our first 100 Dacryocystorhinostomy cases in Canterbury**

**Argiris K, Sharp H**

British Rhinological Society, May 2017

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**Botox and the nose. Should we be using this exotoxin in challenging rhinitis cases? A summary of the literature and our thoughts**

**Argiris K, Fu B**

British Rhinological Society, May 2017

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**Updates on management of Rhinophyma – Our experience in a challenging case and a literature review**

**Argiris K, Fu B**

British Rhinological Society, May 2017

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**Operating alone; does a stand-alone specialty specific day-case unit improve theatre efficiency? A prospective analysis pre- and post- reconfiguration**

**Taha R, Argiris K, Lew-Gor S**



**The peri-operative usefulness of recurrent and superior laryngeal nerve monitoring in thyroid surgery; our experience**

Kochilas X, **Argiris K**, Zammit C

35<sup>th</sup> British Association of Endocrine and Thyroid Surgeons (BAETS) Annual Scientific Meeting, October 2015

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**A novel and cost-effective approach to ear packing in ear surgery; the gelatin sponge**

**Argiris K**, Fang S, Padgham ND. Accepted

International Forum on Quality and Safety in Healthcare, April 2013

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**Financial implications of having a tongue-tie service**

**Argiris K**, Bestman BE, Padgham ND,

BACO, Glasgow, July 2012

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**Diagnosis, evaluation and management of voice disorders in a multidisciplinary tertiary centre; a year's experience**

Phillips PS, **Argiris K**, Cantor K, Chun P, Burnay V, Warner S, Chevretton EB

Laryngology conference, Malaysia, June 2012

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**A rare case of unilateral nasal obstruction: primary sinonasal ameloblastoma**

**Argiris K** and Albert Pace-Balzan A.

1<sup>st</sup> Congress of CE-ORL-HNS, Barcelona, July 2011

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**And what do patients really understand? An audit on consent and patient comprehension**

**Argiris K**, Bentley W, Malietzis G, Harding L.

International Surgical Congress of the Association of Surgeons of Great Britain and Ireland, Bournemouth, May 2011

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**Curriculum mapping of Medical and Dental Foundation training – a route to reducing length of training in Oral & Maxillofacial surgery (OMFS)**

Varley I, **Argiris K**, Walker TWM, Magennis P.

Scientific Meeting of the British Association of Oral and Maxillofacial Surgeons, Manchester, May 2010

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**Oral Surgery to Oral & Maxillofacial Surgery: Curriculum mapping**

Walker TWM, Varley I, **Argiris K**, Magennis P.

Scientific Meeting of the British Association of Oral and Maxillofacial Surgeons, Manchester, May 2010

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## ΕΡΓΑΣΙΕΣ AUDIT

**Rhinology audit results**

**Argiris K**, Sharp H

Local data collection for period of Jan 2015-May 2016

Presented locally in audit meeting January 2017

4<sup>th</sup> Congress of European ORL-HNS, Barcelona, Oct 2017

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**Audit of theatre times pre- and post-configuration as a stand-alone specialty specific day-case unit**

Taha R and **Argiris K**

Completed October 2015

ASGBI International surgical congress (Belfast) May 2016 (poster)

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**Audit on usefulness of nerve stimulation in thyroid surgery**

**Argiris K**, Kochilas X and C Zammit

Brighton and Sussex NHS Trust

Completed June 2015

35<sup>th</sup> British Association of Endocrine and Thyroid Surgeons (BAETS) Annual Scientific Meeting, October 2015 (poster)

- Audit assessing usefulness of RLN and SLN monitoring and its perceived usefulness by the lead thyroid surgeon (consultant). Results indicate that nerve monitoring is a useful aid for identifying nerves at risk, speeding operating time and

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teaching

### **Audit of operation notes**

**Argiris K**, Jephson C  
Completed June 2014

- Audit assessing operation notes

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### **Audit of otological implant XR meeting**

**Argiris K**  
**Guys and St Thomas NHS Trust**  
Completed March 2014

- Audit assessing and improving function of XR meeting

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### **Audit of theatre effectiveness and cancellations**

**Argiris K**, Sullivan K  
Tunbridge Wells and Maidstone NHS Trust  
Completed September 2013

- Audit on theatre utilization and cancellations. Devised weekly utilization leaderboard together with ENT manager

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### **Audit of surgical intervention in the management of persistent otitis media with effusion in children under 12 years**

**Argiris K**, Bestman B, Padgham N  
Completed June 2012

- Audit on adherence to PCT guidelines

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### **Pilot audit on emergency epistaxis management (multi centre)**

Hall A, Taberes N, **Argiris K**, Ifeacho S, Aitkin H, Chatrath C, Hopkins C  
CAPAG, Dec 2012;  
BRS, May 2013

- Pilot audit assessing the variation in practice of the management of emergency epistaxis in a limited number of centers. Role has been to arrange data collection from Ashford hospital

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### **Mechanical Endonasal Powered Dacryocystorhinostomy for epiphora – initial audit of success within a multidisciplinary lacrimal service**

**Argiris K**, Sharp HR, Devereux J  
5<sup>th</sup> World Congress for endoscopic surgery of the brain, skull base and spine, Vienna, Mar 2012 (Ashford hospital)

- Initial audit on outcome of MENDCR in hospital.

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### **Audit on head and neck surgery outcomes and causes of death** **Argiris K**, Komodikis G, Dilkes M. Accepted at **1<sup>st</sup> Congress of CE-ORL-HNS, Barcelona, July 2011. (St Bartholomew's Hospital)**

- Clinical audit on outcomes of head and neck operations of single consultant and looking into causes of death by obtaining death certificates from Home Office of National Statistics. Collected and analysed data

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### **Audit on time taken to see patient**

**Argiris K**, Verdi T, Gadlay S, Thomas J, Harding L. Broomfield ENT audit meeting, Mar 2011. (Broomfield Hospital)

- Conceived idea, created proforma, collected own and team's data, and analysed information
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### **Audit on completion of consent forms and patient understanding**

**Argiris K**, Malietzis G, Bentley W, Harding L. International Surgical Congress of the Association of Surgeons of Great Britain and Ireland, Bournemouth, May 2011. (Broomfield Hospital)

- Conceived idea, created proforma, collected and analysed data
- 

### **Audit and re-audit of evaluation of the quality of ENT operative notes**

**Argiris K**, Harding L. Broomfield ENT Audit meeting, Oct 2010. (Broomfield Hospital)

- Clinical audit on quality of operation notes. Created adapted operation sheet, collected and analysed data
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### **Audit of tongue-tie division in neonates with breastfeeding difficulties**

**Argiris K**, Vasani S, Wong G, Stimpson P, Caulfield H. British Association for Paediatric Otorhinolaryngology, Manchester, Sep 2009. (Royal Free Hospital)

- Clinical audit of tongue tie service. Collected and analysed data
- 

### **Audit on 'Cerner'; the IT system**

Bhagawati D, Kosmin M, Hasson R, **Argiris K**, Roche C, Orlandi E. Introduction to management course final meeting, June 2009. (Royal Free Hospital)

- Audit on time wasting due to IT system. Collected and analysed data
- 

### **ENT operative theatre times, between estimation and reality**

Awad Z, Aggarwal N, **Argiris K**, Thambyrajah J, Dunn CJ. Southwest ENT Academic meeting, Bath, July 2008. (Basildon Hospital)

- Clinical audit on accuracy of estimation of theatre times. Collected data

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## EPEYNA

- Σεπ 2017 – Ιουλ 2018**      **Use of novel decellularised cadaveric dermis (DCELL) in single-stage reconstruction of non-melanomatous skin cancer of the head and neck**  
Argiris K, D'Souza A, Joshi A,  
Lewisham and Greenwich NHS Trust
- Αυγ 2018**      **Use of deep-learning in assessing thyroid ultrasound**  
Argiris K, Sirlantzis K  
University of Canterbury
- Αυγ 2015**      **The novel New Breez intralaryngeal device. Our experience**  
Cunnane M, Argiris K, Pelsler A and Lew-Gor S  
Brighton and Sussex NHS Trust  
Presented in South West Academic meeting, June 2016
- Νοεμ 2012 – Νοεμ 2014**      **Anatomic study on the external branch of the superior laryngeal nerve. Anatomic findings and its implications in thyroid surgery**  
Kochilas X, Argiris K and Bibas T  
Hippocraton University Hospital, Athens, Greece  
Presented in BAETS conference, October 2015
- Νοεμ 2009 – Μαιος 2010**      **Curriculum mapping of Medical and Dental Foundation training – a route to reducing length of training in Oral & Maxillofacial surgery (OMFS)**  
Poster presentation at the Scientific meeting of the BAOMS (Manchester, May 2010)
- Νοεμ 2009 – Μαιος 2010**      **Oral Surgery to Oral & Maxillofacial Surgery: Curriculum mapping**  
Poster presentation at the Scientific meeting of the BAOMS (Manchester, May 2010)
- Φεβ 2007 – Απρ 2007**      **Hearing Screening of NICU population in Cyprus: A comparison study**  
Oral presentation at European Academy of ORL-HNS (Manheim, June 2009)
- Μαιος 2002 – Σεπ 2002**      **Probing Protein-protein Interactions implicated in eukaryotic translation initiation**  
Presented locally at Department of Biological Sciences, Imperial College (MSc project), Sep 2002
- Ιαν 2002 – Μαιος 2002**      **N-myristoyltransferase related studies on trypanosomatid parasites**  
Presented locally at Department of Biological Sciences, Imperial College (MSc project), May 2002
- Σεπ 2001 – Ιαν 2002**      **Signal transduction in the regulation of neuronal connectivity**  
Presented locally at Department of Biological Sciences, Imperial College (MSc project), Sep 2002

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## BPABEIA

### **Best presentation in annual NHSBT event, Feb 2018**

Reconstruction of facial defects – past, present and future trends with DCELL tissue dermis

Argiris K

Invited speaker at NHSBT annual event, Liverpool, Feb 2018

### **ASGBI Best e-poster in Patient Safety category, May 2016**

Operating alone; does a stand-alone specialty specific day-case unit improve theatre efficiency? A prospective analysis pre and post reconfiguration

Taha R, **Argiris K**, Lew-Gor S

ASGBI International surgical congress (Belfast) May 2016

### **BAOMS Research Poster Prize 2010**

Curriculum mapping of Medical and Dental Foundation Training – A route to reducing length of training in Oral & Maxillofacial Surgery (OMFS).

British Association of Oral and Maxillofacial Surgery

### **'Highly Commended' prize for poster 2010**

Curriculum mapping of Medical and Dental Foundation Training – A route to reducing length of training in Oral & Maxillofacial Surgery (OMFS).

British Association of Oral and Maxillofacial Surgery

### **Undergraduate Microbiology prize 2000**

Society of General Microbiology

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## ΣΥΝΕΧΙΖΟΜΕΝΗ ΙΑΤΡΙΚΗ ΕΚΠΑΙΔΕΥΣΗ

Advanced frontal sinus surgery	Φεβ 2023	Nottingham
Head and neck dissection	Sep 2018	Oxford
Peels course	Sep 2018	MATA London
Advanced Botox and Filler course	Αυγ 2018	London
Aesthetic facial surgery dissection	Μαρ 2018	Manchester
Advanced FESS course	Ιουν 2017	Southampton
Nijmegen facial plastics course	Ιουλ 2017	Nijmegen, Holland
Advanced Paediatric Life Support	Σεπ 2016	Royal Brompton Hospital
Advanced Endoscopic Sinus Surgery Course	Απρ 2016	RCS Edinburgh
Endoscopic Surgery Course	Απρ 2016	Harvard (USA)
Temporal Bone Dissection Course	Νοεμ 2015	Brighton Hospital

Septorhinoplasty and Facial Plastics Course	Ιουν 2015	Newcastle Surgical Training Centre (Freeman hospital)
Head and Neck Dissection Course	Μαιος 2015	Newcastle Surgical Training Centre (Freeman hospital)
Endoscopic Sinus Surgery Course	Απρ 2015	Aula Clinic (Barcelona)
Temporal Bone Dissection Course	Νοεμ 2014	Brighton Hospital
Barcelona Temporal Bone Dissection course	Μαρ 2014	Clinica Claros (Barcelona)
British Paediatric Otolaryngology Course (BPOC)	Μαρ 2014	Great Ormond Street Hospital
Neijmegen Otology Course	Φεβ 2014	Neijmegen University
ENT Simulation	Ιαν 2014	Brighton University
Paediatric Audiology	Ιουν 2013	Maidstone Hospital
Temporal Bone Dissection Course	Δεκ 2012	Brighton Hospital
Facial Plastics Course	Δεκ 2012	St' Marys Hospital (London)
Foundations in Otological Surgery	Δεκ 2012	UCL Ear Institute
Writing systematics reviews	Ιουν 2012	East Kent Hospitals
Understanding statistics	Μαιος 2012	East Kent Hospitals
Critical appraisal	Μαιος 2012	East Kent Hospitals
British Society of Otology Tinnitus Course	Μαρ 2012	RCS England
British Society of Otology Balance Course	Φεβ 2012	RCS England
Temporal Bone Dissection Course	Δεκ 2011	Brighton Hospital
Teach The Teachers	Φεβ 2011	Oxford Medical (London)
Lasers in ENT	Ιαν 2011	Wexham Park Hospital
A Practical Approach to The Airway	Νοεμ 2010	UCL Ear Institute
Basic Soft Tissue Surgery of The Face	Οκτ 2010	Royal Berkshire Hospital
Care of the Critically Ill Surgical Patient (CCrISP)	Μαρ 2010	Lister Hospital
ENT Radiology	Νοεμ 2009	Northwick Park Hospital

Introduction to management	Ιουν 2009	Royal Free Hospital
Advanced Trauma Life Support	Μαρ 2009	Royal Free Hospital
Basic Surgical Skills	Νοεμ 2008	Kingston Hospital
A&E Radiology	Απρ 2008	Northwick Park Hospital
Taster in Radiology	Απρ 2008	Basildon Hospital
Advanced Life Support	Μαρ 2008	Basildon Hospital
H.E.L.P Course	Ιουλ 2007	Basildon Hospital
Head and Neck Dissection course	Ιουλ 2007	Barts and The London
Trauma Conference for Medical Students	Δεκ 2005	Barts and The London

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## ΔΙΔΑΚΤΙΚΟ ΕΡΓΟ

Faculty for London FRCS viva course (Lewisham Hospital)	Οκτ 2017
Faculty for Regional core trainee ENT training day (William Harvey hospital)	Φεβ 2017
Examiner for final year medical school OSCE (Brighton hospital)	Απρ 2016
Junior surgical trainee teaching (Brighton hospital)	Οκτ 2015
ENT ST3 preparation teaching (ENT Tzar, St Mary's)	Μαρ 2015
Portfolio course teaching (ENT Tzar, Leicester)	Φεβ 2014
Interview skills for core surgical trainees (Maidstone hospital, KSS deanery)	Ιαν 2014
ENT teaching for A&E staff (Tunbridge Wells Hospital)	Ιουν 2013
ENT interview course (portfolio lecture) (St Mary's Hospital, London)	Φεβ 2013
ENT teaching for A&E staff with simulation (Tunbridge Wells Hospital)	Φεβ 2013
Interview seminars for SHO's (Tunbridge Wells Hospital)	Ιαν 2013
Hospital FY2s teaching (William Harvey Hospital)	Μαιος 2012
Teaching in Portfolio preparation course (St Mary's Hospital, London)	Σεπ 2011
Formulated final year medical student teaching program and provided its teaching (Broomfield Hospital)	Σεπ 2010 – Μαρ 2011
Organized structured teaching component of ENT Special Study Module for final year medical students (Barts Hospital, London)	Σεπ 2008 – Ιαν 2009
Provided structured teaching to third year medical students focusing on presenting complaints and history taking (Royal Free Hospital, London)	Οκτ 2008 – Μαρ 2009

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## **ΟΡΓΑΝΩΤΙΚΟ ΕΡΓΟ**

<b>Απρ 2017 – Οκτ 2017</b>	<b>Middle grade rota co-ordinator</b>
<b>Οκτ 2011 – Οκτ 2013</b>	<b>ENT trainee representative</b>
<b>Ιαν 2013 – Ιουλ 2013</b>	<b>Improvement of theatre utilisation</b> <b>Argiris K &amp; Sullivan K</b> KSS leadership initiative
<b>Φεβ 2012 – Οκτ 2012</b>	<b>Nomination of tympanoplasty/myringoplasty as best practice tariff procedure</b> (Under supervision of Mr Padgham, Clinical supervisor)



